Men's Recovery Therapy Group

"Man is Heaven's Masterpiece"
~ Francis Quarles

An ongoing, life-improving recovery program for men whose lives and families have been impacted by alcohol or other substances. Designed by men, for men, this practical, comprehensive approach to recovery and sobriety is based on education, group dynamics, and discussions.

In small weekly support groups, men find help with:

- Relapse Prevention
- Sobriety Management
- Healthy Anger
- Balanced Relationships
- Stress Management
- Coping with Emotions
- New Life Skills
- Control Issues
- Trust Issues
- Social Interaction

Facilitated by Licensed Professionals

Day, Evening, and Weekend Groups